



(V) VEGETARIAN
(GF) GLUTEN FREE
(VEGAN) VEGAN

Appetizers

DRUNKEN JERK SHRIMP (GF)

Seared jumbo shrimp in jerk spice marinade. Served on a fresh pineapple salsa. \$20

FRENCH ONION SOUP

Hearty classic, topped with baguette, old cheddar au gratin + onion rings. \$12

CRANBERRY APPLE BAKED BRIE (V)

Warm Brie topped with cranberry apple chutney + spiced walnuts. Served with crostini. \$18

BIG OLE NACHOS (V)

Fresh made corn tortillas with Mexican spices, marble cheddar, green olives, mixed bell peppers, red onion + side of salsa + sour cream. \$19 Add **grilled chicken \$8 OR beef brisket \$8**. Add **queso \$4**

MEXICAN CORN CHIPS (V)

Fresh made corn tortillas with Mexican spices with salsa. \$10 Add **queso \$4**

SOUP OF THE DAY

Ask us about the daily creation, served with a warm roll. Cup \$7 or Bowl \$9.

Salads

CLASSIC CAESAR SALAD

Crispy bacon, herb + garlic croutons, parmesan cheese, lemon wedge + creamy garlic dressing on crisp romaine. \$20 Add **grilled chicken \$8 OR grilled jumbo shrimp \$9**

BLT SALAD

Romaine Lettuce, bacon bits, cherry tomatoes, shredded cheddar cheese, herb & garlic croutons + honey mustard dressing. \$20 Add **grilled chicken \$8 OR grilled jumbo shrimp \$9**

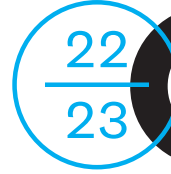
PEAR + WALNUT SALAD (GF + V)

Spinach, sliced pear, spiced walnuts, feta cheese, dried cranberry + cider Dijon dressing. \$18 Add **grilled chicken \$8 OR grilled jumbo shrimp \$9**

GARDEN SALAD (GF + VEGAN)

Mixed greens, cherry tomatoes, shredded carrot, pumpkin seeds, cucumber, red onion. \$16 **Choice of dressing:** Lemon poppyseed, cider Dijon, balsamic vinaigrette, creamy garlic, ranch, miso maple, honey mustard OR blue cheese. Add **grilled chicken \$8 OR grilled jumbo shrimp \$9**

TAKE OUT MENU



Lunch Mains

MISO MAPLE NOODLE BOWL

(GF + VEGAN) Warm rice noodles, shredded carrot, crunchy red cabbage, red pepper, cucumber, crushed peanuts, cilantro & sesame tossed in miso maple sauce. \$18 Add **seasoned grilled chicken breast \$8 or jumbo grilled shrimp \$9**

RIDEAU RAMEN BOWL

Ramen noodles cooked in tamari broth with shiitake mushrooms, carrots, baby bok choy, soft boiled egg, scallions, cilantro + chilli pepper. \$22 Add **grilled chicken \$8 OR grilled jumbo shrimp \$9**

HOT TURKEY SANDWICH

A Cove staple! Oven roasted turkey on white bread. Served with mashed potatoes or french fries with veggies, gravy + cranberry sauce. \$19

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All lunch mains below come with a choice of the following **SIDES:** French fries OR garden salad.

UPGRADE SIDES: Onion rings, poutine, sweet potato fries, pear + walnut salad, BLT salad OR Caesar salad - Add \$3.50 / Gluten Free bun OR wrap - Add \$2

THE COVE CRUNCHER

Buttermilk fried chicken, lettuce, sliced tomato, sriracha mayo, drizzled honey + dill pickles on a toasted bun. \$20 Add **Cheddar \$2, Smoked Cheddar \$2.50 or Bacon \$2.50**

BEEF BRISKET DIP

Tender, slow roasted beef brisket on toasted vienna roll with Bushgarden Farm Pilgrimage cheese, horseradish mayo, caramelized onions + au jus. \$20

CLASSIC COVE BURGER

All beef patty, lettuce, tomato, red onion, sliced dill pickle, mustard + relish on a toasted bun. \$19 Add **Cheddar \$2, Smoked Cheddar \$2.50 or Bacon \$2.50**

FOLEY MOUNTAIN BURGER

Applause! The Complete Burger! All beef patty, crispy onions, banana peppers, bacon, smoked cheddar, lettuce, tomato & chipotle mayo on a toasted bun. \$22



TAKE OUT MENU

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Deep Fried Goodness

CLASSIC CHICKEN WINGS

Our famous, crispy, breaded wings! Choose your sauce: mild BBQ, medium chipotle, Frank's Hot, honey garlic, sweet chili OR lemon pepper dry rub with French fries. \$22

FISH + CHIPS Perth Brewery Foley Mountain Lager beer battered, panko crusted haddock with French fries. Served with tartar sauce, coleslaw and lemon. One piece \$14/Two pieces \$20

GROWLY BASKET A Cove Original. Crispy chicken fingers, mozza sticks, onion rings + French fries. \$20

CHICKEN FINGERS & FRIES Five breaded chicken fingers with French fries. Served with plum sauce. \$18

POUTINE Squeaky Quebec curds, gravy and fries. \$14 Upgrade to sweet potato fries add \$3.50.

SWEET POTATO FRIES (V) Basket served with curry mayo. \$12

FRENCH FRIES (V) Basket of crispy, seasoned fries. \$9

ONION RINGS (V) Basket of plump onion rings. \$10

MOZZA STICKS (V) Breaded, stringy, delicious mozzarella sticks. Served with marinara. \$11

Dinner Mains

*Available 5-8pm

CHICKEN PARMIGIANA

Crispy breadcrumb coated chicken breast with tomato sauce, broiled with a three cheese blend. Served with linguini in a rosé sauce. \$29

STRIPLOIN STEAK

11oz. Local AAA beef New York striploin with peppercorn sauce, roasted seasonal vegetables + French fries OR mashed potatoes. \$ Market Price

Add grilled jumbo shrimp \$9

SPANISH BLACKENED ATLANTIC SALMON (GF)

Smoked harissa romesco sauce, roasted fennel, corn + tomato salad, pickled mustard seed. Served with basmati rice. \$32

GREEN THAI CURRY (GF + VEGAN)

Coconut milk with lemongrass, kaffir lime leaves, green chilies, coriander + roasted vegetables. Served with basmati rice. \$25

Add grilled chicken \$8 OR
grilled jumbo shrimp \$9

***Prices do not include HST or Gratuity.